

Competent Person Training Course Outline

2 Hours - HFHI / OSHA Facts & Figures

During the program we will discuss the amount HFHI has spent in recent claims; followed by the insurance statistics of claim types and frequency of claims. Afterwards, we will take a look at OSHA's involvement with our affiliates in recent years and clarify the myth that OSHA does not bother Habitat affiliates. This program is designed to show where we need to change our safety thinking across America. Hopefully the CAV groups will have a better understanding of the issues at hand and will share this information as they travel.

4 Hours - Scaffolding

This section of the program will cover the most common scaffold types that may be found to exist on any Habitat work site. All scaffolds have common considerations such as planking, fall protection concerns, etc. We will break into specific topics per scaffold type as we cover the following scaffolding;

- Fabricated Welded Type or Self Supporting Scaffolding (most common to HFH affiliates)
- Carpenter / Bracket Type including Hanging Adjustable Scaffolding
- Pumpjack Scaffolding (including the newly created Power Pole Scaffold)
- Ladder Scaffolds
- Horse Scaffolds

2 Hours - General Electrical Safety

This is not to make an electrician out of anyone; instead it's designed to only cover the most common usage of power tools, cords, and safe working distances. Ground Fault Circuit Interrupters (GFCI) is our main source of electrical safety along with power tools & cords that are in good condition. We'll cover the common concerns and how to eliminate them.

2 Hours - Stairways & Ladders

Here you'll learn when we need to consider building stairways for safe proper access to upper levels and landings. You'll also learn the requirements of riser, tread, and railing heights. The program will also discuss the safe usage of stepladders and extension ladders. Most participants quickly learn that they have been misusing ladders all along. Ladder misuse is something that's very visible during an OSHA drive by which will prompt for an OSHA inspection, which will include citations too.

4 Hours - Residential Fall Protection

This requirement is generally broken down into the use of guardrails to help prevent someone from falling to a lower level or the use of a complete harness system which will bring a person to a controlled stop before hitting the lower level. You will learn which system may be the better choice over the other and you'll also learn ways to utilize each method. We will go a little deeper into the subject and cover falls from leading edges, window and door opening, into holes and some walking surface which can cause slips and trips.

2 Hours - General Awareness Training

This section is actually broking down and scattered throughout the entire program, nevertheless it's still 2 hours of information that's designed to help you with additional learning resources. Mainly you'll learn how to utilize the OSHA website and discover some wonderful tools that you have right at your fingertips. Three main tabs on OSHA's main page will be reviewed during this awareness session; Regulations tab, Publications tab, and Small Business tab. Each tab will bring a wealth of knowledge to your affiliate.